

Chemical Peel Post Instructions

- Discontinue use of ALL skincare products containing Glycolic, Salicylic and Retin-A for 7 days.
- Cleanse only with Revision Gentle Cleanser.
- Apply Avene Cicalfate, Elta MD Skin Recovery Light Moisturizer **or** Sente Dermal Repair 2-4 times daily as needed during healing process (typically 1-7 days).
- If additional hydration is needed, you may incorporate both products above. You may also add Revision Hydrating Serum if needed but only after 12 hours.
- Use Intellishade SPF 45, Elta UV Elements spF 44 **or** Elta UV Clear Broad-Spectrum and mineral makeup.
- No sun exposure or tanning for at least 2 weeks after treatment.
- Avoid excessive facial sweating. This will cause the skin to become irritated.
- Do not pick at peeling/healing skin. This old skin is acting as a band-aid to new skin and picking can cause scarring.
- If an open wound appears, please call our office. Please also call us with any questions (847) 367-8815.