

Botox, Dysport, Jeuveau and/or Xeomin Pre and Post-Care Instructions

1. Ritacca Cosmetic Surgery Center and Medspa only uses FDA approved Botox Cosmetic, Dysport and Xeomin.
2. It is helpful to avoid over the counter medications not prescribed by your primary care physician such as Aspirin, Motrin, Aleve, Multivitamins and Fish Oil. Tylenol is ok to use as it does not thin the blood. Please notify your practitioner if you are using prescription blood thinners so extra precaution can be taken to avoid bruising.
3. Contracting and releasing the treated muscles every few minutes over the next hour after treatment helps with the “uptake” of the injection.
4. Immediately following your treatment do not lay flat for 2 hours. Do not wear hats or receive professional massage. Avoid strenuous activity for 24 hours and be sure to thoroughly cleanse your face.
5. Your treatment may take up to 14 days to take effect. Since everyone is unique, treatment is customized specifically for you. We would like to see you back in 10-20 days to evaluate your treatment outcome. If your dose needs to be tailored at that time you will have the option to purchase additional units.
6. Please contact us at (847)367-8815 if you have any questions, concerns, or comments. We are committed to patient education, safety and good outcomes.